

# Stockton School

South Hunterdon Regional School District  
June 2017 Breakfast Menu



Healthy Meals Grow Healthy Kids!

## Get a Healthy Start to Your Day with School Breakfast!

**Available Daily:**  
Assorted Cereals with Graham Crackers  
or Cheese Stick  
Assorted Fruit  
100% Juice Selection  
Milk Selection

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast \$1.85  
Adult Breakfast \$2.55  
Reduced Breakfast \$0.30



## Nutrition News

**June is National Dairy Month!**  
Dairy foods help keep our bodies healthy by providing us with nine essential nutrients such as calcium and vitamin D. Vitamin D helps our bodies absorb calcium. Did you know, our bodies can make vitamin D from exposure to sunlight! Calcium and vitamin D make our bones and teeth strong! Aim for three servings of dairy a day (milk, yogurt, or cheese). Don't forget to select a cold low-fat milk with your lunch!



MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
<b>FUN and SUN</b>			<b>1 Cereal Bowl Pack with Graham Crackers</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>2 Cereal Bar with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection
<b>5 Cereal Bowl Pack with Graham Crackers</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>6 PB&amp;J Uncrustable</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>7 Yogurt Pak</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>15 Cereal Bowl Pack with Graham Crackers</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>9 Cereal Bar with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection
<b>12 Cereal Bowl Pack with Graham Crackers</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>13 Muffin Bag Meal with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>14 Yogurt Pak</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>15 Last Day of School! Half Day Cereal Bowl Pack with Graham Crackers</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>16</b>
19	20	21	22	23

enjoy your

# Summer Vacation!



MENU SUBJECT TO CHANGE



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