



Stockton School

South Hunterdon Regional School District

March 2017 Breakfast Menu

Healthy Meals Grow Healthy Kids!



Get a Healthy Start to Your Day with School Breakfast!

Available Daily:
Assorted Cereals with Graham Crackers or Cheese Stick
Assorted Fruit
100% Juice Selection
Milk Selection

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast \$1.85

Adult Breakfast \$2.55

Reduced Breakfast \$0.30



Nutrition News

Celebrate National Nutrition Month®!

Take the time this month to "put your best fork forward®" by achieving the following goals:

- Focus this month on eating fruits and vegetables from all the colors of the rainbow.
- Choose all 5 meal components for a well-balanced meal- each food group provides us with different nutrients our bodies need to be healthy.
- Enjoy the food you are eating to fuel your body- slow down and savor each bite!

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Yogurt Pak Assorted Fruit 100% Fruit Juice Milk Selection	2 Cereal Bowl Pack With Graham crackers Assorted Fruit 100% Fruit Juice Milk Selection	3 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
6 Cereal Bowl Pack with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	7 PB&J Uncrustable Assorted Fruit 100% Fruit Juice Milk Selection	8 Yogurt Pak Assorted Fruit 100% Fruit Juice Milk Selection	9 Cereal Bowl Pack With Graham crackers Assorted Fruit 100% Fruit Juice Milk Selection	10 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
ARE YOU UP FOR THE CHALLENGE?		CELEBRATE NATIONAL SCHOOL BREAKFAST WEEK!		
13 Cereal Bowl Pack with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	14 Muffin Bag Meal with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	15 Yogurt Pak Assorted Fruit 100% Fruit Juice Milk Selection	16 Cereal Bowl Pack With Graham crackers Assorted Fruit 100% Fruit Juice Milk Selection	17 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
20 Cereal Bowl Pack with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	21 PB&J Uncrustable Assorted Fruit 100% Fruit Juice Milk Selection	22 Yogurt Pak Assorted Fruit 100% Fruit Juice Milk Selection	23 Cereal Bowl Pack With Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	24 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
27 Cereal Bowl Pack with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	28 Muffin Bag Meal with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	29 Yogurt Pak Assorted Fruit 100% Fruit Juice Milk Selection	30 Cereal Bowl Pack With Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	31 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection

MENU SUBJECT TO CHANGE



Check us out on Facebook : Maschio's Food Services, Inc.

Please Visit: www.maschiofood.com



"This institution is an equal opportunity provider"