

Stockton School

South Hunterdon Regional School District

December 2016 Breakfast Menu

Healthy Meals Grow Healthy Kids!



Get a Healthy Start to Your Day with School Breakfast!

Available Daily:
Assorted Cereals with Graham Crackers or Cheese Stick
 Assorted Fruit
 100% Juice Selection
 Milk Selection

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!



Student Breakfast \$1.85

Adult Breakfast \$2.55

Reduced Breakfast \$0.30



Nutrition News:

During the cold winter months it is important to remember to stay on track with your healthy habits. Be sure to continue to eat well-balanced meals, get moving either inside or outside (be sure to dress warmly), and get enough sleep. By practicing these healthy habits you will feel energized for the cold months ahead!



MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
<h1>HAPPY HOLIDAYS</h1>			1 Bagel Bag Meal with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	2 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
5 Cereal Bowl Pack with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	6 Muffin Bag Meal with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	7 Yogurt Pak Assorted Fruit 100% Fruit Juice Milk Selection	8 Pumpkin Swirl Bun with a Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	9 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
12 Cereal Bowl Pack with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	13 PB&J Uncrustable Assorted Fruit 100% Fruit Juice Milk Selection	14 Yogurt Pak Assorted Fruit 100% Fruit Juice Milk Selection	15 Bagel Bag Meal with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	16 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
19 Cereal Bowl Pack with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	20 Muffin Bag Meal with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	21 Yogurt Pak Assorted Fruit 100% Fruit Juice Milk Selection	22 Pumpkin Swirl Bun with a Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	23 Half Day Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
26	27	28	29	30
<h2>Enjoy your Winter Break & Have a Happy New Year!</h2>				

MENU SUBJECT TO CHANGE



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Please Visit: www.maschiofood.com



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