

Stockton School

South Hunterdon Regional School District

October 2016 Breakfast Menu

Healthy Meals Grow Healthy Kids!



Get a Healthy Start to Your Day with School Breakfast!

Available Daily:
Assorted Cereals with Graham Crackers or Cheese Stick
Assorted Fruit
100% Juice Selection
Milk Selection

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!



Student Breakfast \$1.85

Adult Breakfast \$2.55

Reduced Breakfast \$0.30



Nutrition News:

Show your spirit this month for National School Lunch Week!

The meals offered in your cafeteria include a variety of fruit and vegetable choices, whole grains, fat-free or low-fat milk, and "right-sized" portions. Be sure to select all meal components to make it a complete, well-balanced lunch!



MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	4 PB&J Uncrustable Assorted Fruit 100% Fruit Juice Milk Selection	5 Yogurt Pak Assorted Fruit 100% Fruit Juice Milk Selection	6 Muffin Bag Meal with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	7 Cereal Bowl Pack with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
10 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	11 PB&J Uncrustable Assorted Fruit 100% Fruit Juice Milk Selection <i>Lucky Tray Day</i>	12 Yom Kippur School Closed	13 Pumpkin Swirl Bun with a Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	14 Cereal Bowl Pack with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
17 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	18 PB&J Uncrustable Assorted Fruit 100% Fruit Juice Milk Selection	19 Yogurt Pak Assorted Fruit 100% Fruit Juice Milk Selection	20 Muffin Bag Meal with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	21 Cereal Bowl Pack with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
24 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection <i>Lucky Tray Day</i>	25 PB&J Uncrustable Assorted Fruit 100% Fruit Juice Milk Selection	26 Yogurt Pak Assorted Fruit 100% Fruit Juice Milk Selection	27 Pumpkin Swirl Bun with a Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	28 Cereal Bowl Pack with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
31 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection <i>Happy Halloween!</i>	CELEBRATE NATIONAL SCHOOL LUNCH WEEK OCTOBER 10TH-14TH   			



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Please Visit: www.maschiofood.com

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"